



AQUATIC CENTRE WINTER 2019 POOL SCHEDULE

January 14th - April 7th



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:30am								6:30am
7:00am			AQX Aquafit* 6:45-7:30 (two lanes available)					7:00am
7:30am	Adult Lane Swim* 6:30-9:15	Lane Swim* 6:30-9:15		Lane Swim* 6:30-9:15	Adult Lane Swim* 6:30-9:15			7:30am
8:00am	(lap pool only)	(lap pool only)	Adult Lane Swim* 6:30-9:15	(lap pool only)	(lap pool only)			8:00am
8:30am								8:30am
9:00am								9:00am
9:30am	Parent & Tot 9:30-10:30		Parent & Tot 9:30-10:30		Parent & Tot 9:30-10:30	Lessons 9:30-12:00		9:30am
10:00am	(leisure pool only)		(leisure pool only)		(leisure pool only)			10:00am
10:30am						AQX Aquafit 10:00-10:45	Parent & Tot 10:15-11:30am	10:30am
11:00am	Gentle Ability Swim 10:45-11:45		Elder Swim 10:45-11:45	Female Only Swim 10:45-11:45	Gentle Ability Swim 10:45-11:45		(leisure pool only)	11:00am
11:30am						Lane Swim* 11:15-12:30	Lane Swim* 11:30-12:30pm	11:30am
12:00pm								12:00pm
12:30pm	Lunch Hour Swim* 12:00-1:30	Adult Lane Swim* 12:00-1:30 (lap pool only)	Adult Lane Swim* 12:00-1:30	Adult Lane Swim* 12:00-1:30 (lap pool only)	Lunch Hour Swim* 12:00-1:30			12:30pm
1:00pm			Aqua Jogging 12:15-12:45			Family Swim 1:00-2:00	Family Swim 1:00-2:00	1:00pm
1:30pm								1:30pm
2:00pm								2:00pm
2:30pm								2:30pm
3:00pm								3:00pm
3:30pm						Public Swim 3:00-5:00	Public Swim 3:00-4:30	3:30pm
4:00pm	Swimming Lessons 4:00-7:00	Public Swim 3:30-5:00 (lap pool only)	Swimming Lessons 4:00-7:00	Public Swim 3:30-5:00 (lap pool only)	Public Swim 3:30-5:00 (lap pool only)			4:00pm
4:30pm								4:30pm
5:00pm						Iqaluit Breakers Swim Team 5:00 - 6:00		5:00pm
5:30pm	Iqaluit Breakers Swim Team 6:00-7:00	Family Swim 5:15-6:15	Iqaluit Breakers Swim Team 6:00-7:00	Family Swim 5:15-6:15	Family Swim 5:30-7:00		Family Swim 5:30-7:00	5:30pm
6:00pm								6:00pm
6:30pm		AQX Aquafit 6:30-7:15		Aquafit AQX 6:30-7:15		Public Swim 6:30-7:30		6:30pm
7:00pm								7:00pm
7:30pm		Public Swim 7:30-8:30	Public Swim* 7:15-8:15	Lessons 6:30-8:30	Public Swim 7:30-9:00		Lifeguard Skill Development 7:00-8:00	7:30pm
8:00pm								8:00pm
8:30pm			Adult Open Swim 8:15-9:45		***			8:30pm
9:00pm		Adult Open Swim* 8:45-9:45		Adult Open Swim* 8:45-9:45				9:00pm
9:30pm								9:30pm
10:00pm								10:00pm

For more information contact:

975-8544 or aquaticcentre@city.iqaluit.nu.ca

*Lane(s) will be available for lengths

***Every third Friday Teen Swim will be held from 7:30-9:30

Facility Hours:

Monday - Friday

Saturday

Sunday

6:30am - 10:00pm

9:00am-9:00pm

10:00am-8:00pm