



AQUATIC CENTRE WEEKLY POOL SCHEDULE

March 15th - April 9th ~UPDATED March 15th~



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adult Lane Swim 6:30 - 9:15am (lap pool only)	Family Swim* (3 lanes open) 6:30 - 8:15am	Adult Lane Swim 6:30 - 9:15am (lap pool only)	Aquafit* 6:45-7:30am (2 lanes avail) Adult Lane Swim 6:30 - 9:45am (lap pool only)	Adult Lane Swim 6:30 - 9:15am (lap pool only)	
	Parent & Tot 9:30-10:30am (leisure pool only)	Adult Lane Swim 8:30 - 9:30am (lap pool only)	Parent & Tot 9:30-10:30am (leisure pool only)	Female Only Swim 10:00-11:30am	Parent & Tot 9:30-10:30am (leisure pool only)	Lessons 9:00 - 11:00am
Parent & Tot 10:15-11:30am (leisure pool only)	Gentle Ability Swim 10:45-11:45am		Elder Swim 10:45-11:45am		Gentle Ability Swim 10:45-11:45am	Aquafit 10:00-10:45am
Public Swim 12:00-1:30pm ◇	Lunch Hour Swim* 12:00-1:30pm	Adult Lane Swim* 12:00-1:30pm	Lunch Hour Swim* 12:00-1:30pm	Adult Lane Swim* 12:00-1:30pm	Lunch Hour Swim* 12:00-1:30pm	Lane Swim * 11:15-12:30pm
						Family Swim 1:00-2:00pm
Lane Swim* 3:00-4:00pm	Public Swim 3:30-4:30pm (lap pool only)	Swimming Lessons 4:00-8:30pm	Public Swim 4:30-5:30 Teen Fitness Lessons 4:30-5:30	Swimming Lessons 4:00-7:30pm Adult Swim Lessons 7:00-8:00pm	Public Swim 3:30-4:30pm (lap pool only) Family Swim 5:30-6:30pm Public Swim 7:00-8:00pm	Public Swim 3:00-5:00pm ◇ Family Swim 6:00-7:30pm ◇
Family Swim* 5:00-6:30pm	Family Swim 5:30-6:30pm		Family Swim 6:00-7:00			
Lifeguard Skill Development 6:30-8:00pm	Adult Open Swim* 8:00-9:30pm	Adult Open Swim* 8:45-9:45pm	Adult Open Swim 8:00-9:30pm	Adult Open Swim* 8:45-9:45	***	
Contact for more information		975-8544	OR	aquaticcentre@city.igaluit.nu.ca		

◇ Waterslide OR lazy river will be available (if guard-to-patron ratios permit)

* Lane(s) will be available for lengths

Some Water features may be **unavailable during certain busier periods

*** Teen night every 3rd Friday of the month (8:00-10:00pm; no public swim)

All lessons are by registration only.

