

# Brighter Futures

This is a proposal and budget worksheet to help you plan your Brighter Futures project. All projects must be approved by the City Council and the Department of Health & Social Services.

## Instructions:

Complete all sections of this proposal:

- \* Cover page
- \* Proposal worksheet
- \* Budget worksheet

Don't forget to attach to the proposal:

- \* Official Hamlet approval/resolution
- \* 2 Letters of community support

Mail or fax the completed proposal and budget worksheet to: Crystal Jones Brighter Futures & Building Healthy Communities, P.O. Box 460, Iqaluit, Nunavut, XOA OHO Fax 867-979-3712 Telephone 867-979-5627 or e-mail [c.jones@city.iqaluit.nu.ca](mailto:c.jones@city.iqaluit.nu.ca)

**Community:**

**Community Sponsor:**

**Project Name:**

**Programming Area:**

**Project Start Date:**

**Brighter Futures Funding Requested:**

**Contact Name:**

**Title & Organization:**

**Mailing Address:**

**Telephone:**

# Proposal & Budget Worksheet

1. Describe your project. What do you want to do and how do you plan to do it Remember, your project must meet one of the following 5 program elements/areas: Child Development, Mental Health, Healthy Babies, Injury Prevention, Parenting Skills. Include a work plan for the project.

.....  
.....  
.....  
.....

2. Describe your target group. Who will benefit from the proposed activity (e.g., children, youth, adults, etc. How will children, their families and the community benefit from this project? What do you expect to see happen as a result of this project?

.....  
.....  
.....  
.....

3. Did you apply for any other sources of funding? If yes, which ones? Did you fund raise any monies yourself? If yes, please fill out the amount in section E of the budget sheet.

.....  
.....  
.....  
.....

4. Who will be involved in delivering this project e.g., paid personnel, volunteers, community members, etc. What will their roles be? If Brighter Futures funds are used to hire someone, describe what they will do. Include (attach) their job description.

.....  
.....  
.....  
.....

5. How did you decide this project and/or activity are needed in your community? Who did you consult with (e.g. teens, young parents, elders, etc.)? How did you consult with them (e.g., community meeting, survey, needs assessment, community plan, etc.)?

.....  
.....  
.....  
.....

6. What groups were involved in planning this project? How did you include the community in the planning of the proposed project and/or activity?

.....  
.....  
.....  
.....

7. What resources other than money (e.g., people, materials, space) are needed to carry out this project? Who is providing these resources?

.....  
.....  
.....  
.....

8. Identify the objectives of this project. What do you expect to see happen as a result of this project? What are the intended outcomes? Remember, the project must meet the objectives of the chosen programming element or area: Child Development, Mental Health, Healthy Babies, Injury Prevention or Parenting Skills, as stated in the agreement with your community.

.....  
.....  
.....  
.....

9. Describe how you will evaluate this project. How will you know you accomplished what you intended? How will you know if the project achieved its objectives? How will you measure the outcomes of the project?

.....  
.....  
.....

10. How much money will this proposed project cost and how do you plan to spend it? Please complete the following budget worksheet.

<b>Expense</b>	<b>Brighter Futures Funding Requested</b>
<b>A. PERSONNEL</b>	
Wages	
Employee benefits (housing, insurance, etc.)	
Employer contribution (CPP and UIC=Approx.)	
Consultant	
Other (Please List)	
<b>B. TRAVEL</b>	
Airplane tickets	
Hotel, meals, etc.	
Other (Please List)	
<b>C. RENT &amp; UTILITIES</b>	
Office rent	
Utilities (electricity, heat, water, sewage, garbage)	
Telephone/Fax	
Other (Please List)	
<b>D. MATERIALS &amp; SUPPLIES</b>	
Postage, Envelopes, paper, etc	
Resource materials (books, videos, films, etc.)	
Food	
Other	
<b>E. OTHER SOURCES OF FUNDING</b>	
-	
-	
-	
<b>TOTAL</b>	

# Brighter Futures

## 1. Provider Qualifications

Where the Recipient engages in the services of a health care provider for the purposes of fulfilling any of the terms and conditions of this Schedule, the Recipient shall ensure that the provider is a registered member in good standing of the college or professional association applicable to the provider's profession and that the provider is entitled to practice his or her profession in accordance with the laws of the Territory where the care is to be provided.

## 2. Goal

The goal of Brighter Futures is to encourage and support the well-being of children, individuals and families through a community determined approach. The purpose of Brighter Futures is to improve the quality of and access to culturally sensitive wellness services at the community level to help create healthy family and community environments in which children and all community members can thrive.

3. Objectives: In order to implement the Brighter Futures (BF) program under the terms and conditions of this Agreement, the Recipient shall carry out the activities set out in section 4 of this Schedule and shall:

- 1) Increase awareness in mental health, child development, healthy babies, injury prevention and parenting skills;
- 2) Improve the knowledge and skills of front line health workers and community Client Population in the areas of mental health, child development, healthy babies, injury prevention and parenting skills;
- 3) Provide opportunities to improve health services and develop community-based model projects;
- 4) Address the serious health problems affecting children and families in a community-based, holistic and integrated manner and support optimal health and social development of infants, toddlers and pre-school age children;
- 5) Improve the health of children by facilitating the prevention of and early intervention on health problems and by promoting better integration of health services;
- 6) Assist parents and professionals with information on the knowledge and skills necessary to effectively contribute to the improved health and development of children;

- 7) Support community development and provide opportunity for the client population to find their own solutions to the health and developmental needs of children, youth, family and community; and
- 8) Ensure integrated and coordinated care for children and families by coordinating human service sectors and community based programs (health, social services, justice, education, employment, etc.).

**4. Activities** - In order to carry out the Objectives, the Recipient shall:

- 9) Deliver culturally appropriate and holistic community-based projects and programs to community Client Population and in partnership with community leadership in the following component(s) of the Brighter Futures program:
  - a) mental health; and/or
  - b) child development; and/or
  - c) healthy babies; and/or
  - d) injury prevention; and/or
  - e) parenting skills;
- 10) develop and disseminate culturally sensitive resource materials targeted to high risk families and children; and/or
- 11) provide training opportunities to front line workers and community Client Population; and/or
- 12) assist children and parents to develop positive and satisfying attitudes, values and skills that have roots in their cultural heritage;
- 13) undertake activities to develop at least one of the following areas:
  - a) specialized mental health training;
  - b) research and program evaluation;
  - c) community mental health model development;
  - d) community approaches to child development, and
  - e) program standards and networks

**5. Expenses**

- 1) The goods and services are directly related to the carrying out of the Recipient's responsibilities under the Schedule or any term of the Agreement; and
- 2) The Recipient follows generally accepted business practices in negotiating the price and other terms and conditions for the goods and services.